



European  
Depression  
Association



РОССИЙСКОЕ  
ОБЩЕСТВО  
ПСИХИАТРОВ



Russian Society of Psychiatrists - RSP

Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology  
Samara State Medical University - SamSMU

Samara Psychiatric Hospital

European Depression Association - EDA

---

## European Depression Day – 1<sup>st</sup> October 2019



**Date of the event:** 30<sup>th</sup> October 2019, 2 P.M.

**Venue:** Samara Psychiatric Hospital,  
78 Nagornaya St., administrative building, 2<sup>nd</sup> floor, conference hall

---

### Program

- Welcome message** (15 minutes)
  - Dmitry Romanov**, chair of the Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology, SamSMU, RSP Board member, head of Samara regional department of RSP
  - Mikhail Sheifer**, chief of Samara Psychiatric Hospital, chief psychiatrist of the Ministry of Health care of Samara region, RSP Board member
  - Giuseppe Tavormina**, President of the Center of Psychiatric Studies, General secretary of European Depression Association (video-message)
  - Daria Smirnova**, RSP member, EDA Representative in Russia
- Approaches to clinical interviewing of depressive patients**  
**Dmitry Romanov**, MD, PhD, Assoc. Prof., chair of the Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology, SamSMU (15 minutes)
- Language of mild depression: how it is spoken, what it is about and why it is important to listen**  
**Daria Smirnova**, MD, PhD, Assist. Prof., Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology, SamSMU (15 minutes)
- Unipolar and bipolar affective disorders: the issues of chronobiology**  
**Sergey Strelnik**, MD, PhD, Assoc. Prof., Department of Psychiatry, Narcology, Psychotherapy and Clinical Psychology, SamSMU (15 minutes)